

	Freshman	Sophomore	Junior	Senior	Graduation and Beyond
Take the Right Classes	UCOL 101, ENGL 101 & 102, MATH 108, SPCM 101, ZOO 115, HND 101, PSYC 102, KIN 201, PHSL 201, 208 Review core & other requirements in the UG catalog at registrar.siu.edu	CHEM 140A, 140B, CS 200B, ACCT 210, MGMT 304, PHYS 101, EPSY 402 Check out the online registration tutorial	Begin working on upper level major courses KIN 300/400	Finish all major requirements Remember you must have 42 hours at 300/400 level	EXERCISE SPECIALIST
Get Good Advice	Meet w/ your advisor: College of Education and Human Services Kayla Tyner 618-453-6340 Apply for scholarships: ehs.siu.edu	Meet w/ your advisor: College of Education and Human Services Kayla Tyner 618-453-6340 Talk to faculty and professionals in the field and ask questions	Meet w/ your advisor: College of Education and Human Services Kayla Tyner 618-453-6340 Attend fall and spring Career Fairs	Meet w/ your advisor: College of Education and Human Services Kayla Tyner 618-453-6340 Confirm you are on track to graduate Attend fall and spring Career Fairs and mock interview sessions in Career Services	FITNESS INSTRUCTOR CLINICAL EXERCISE PHYSIOLOGIST
Apply What You Learn	Implement personal wellness plan	Connect with faculty and staff and take advantage of the resources they can offer you	Work at the Student REC Center Consider volunteering in Strong Survivors	Consider leading a study group for Freshman/ Sophomores or apply to become a Saluki Peer Mentor Consider KIN 494 Practicum	HEALTH CLUB MANAGER CARDIAC PULMONARY CANCER SPECIALIST
Connect with Peers	Check out the College of Education and Human Services Living Learning Community in Brush Tower, Mae Smith, 6 th floor Join the <i>Organization of Sport and Exercise Science</i> or <i>Sport Studies Association (SSA)</i>	Check out online resources for job listings: Sportscareerstinstitute.com Teamworkonline.com	Begin working on your resume and cover letter	Network and begin looking for references for jobs	STRENGTH & CONDITIONING COACH
Think Globally	Join the <i>American College of Sports Medicine (ACSM)</i>	Look into Study Abroad for a semester	Check out the latest trends in the industry: acsm.org or exercisemedicine.org	If considering graduate or professional study, take the appropriate exam	PRE-ALLIED HEALTH GRADUATE STUDIES